







AVAILABLE DAILY

	Monday 3	Chicken Nuggets w/ a Split Top Dinner Roll	Grilled Cheese	Deli Central	
	Tuesday 4	Macaroni & Cheese w/ a Split Top Dinner Roll	Chicken Parmesan on a Bun		
	Wednesday 5	Beef or Turkey Nachos Grande w/ Cheese, Brown Rice & Scoops	Eggplant w/ Provolone Cheese, Roasted Red Peppers & Pesto Mayo on a Roll	American Grille	Baco
	Thursday 6	Cinnamon-Glazed French Toast Sticks	Bacon Egg & Cheese on a Roll	FRESH EADMGTAND	A Assor
_	Friday 7	Pizzeria Pizza	3 Cheese Calzone	FARMSTAND AS	

Assorted Grab & Go Sandwiches

Assorted Specialty Pizzas

Chicken Patty on a Bun Cheeseburger or Burger on a Bun Mozzarella Sticks on or Sausage Egg & Cheese on a Bagel

Assorted Grab & Go Salad Specials orted salad selections are offered w/ a Roll

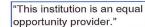


Allergy Aware menus are available for students w/ food allergies. For more information, contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

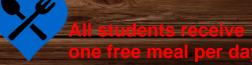
Fruits & vegetables from The Farm Stand are included w/ lunch. A complete meal includes: Entrée w/ Protein/Grain, a Trip to The Farm Stand (students must select at least a serving of fruit or vegetable) & a Choice of Milk. All Snacks are in compliance w/ the State's Guidelines. Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change. Product substitutions may occur due to supply chain disruptions as a result of COVID-19

At least 50% of All Grains served w/ your meal are Whole Grain Rich















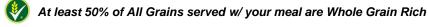
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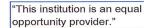
Monday 10	Spicy Chicken on a Bun	Turkey Ham & Cheese Croissant Sandwich	Deli Central	Assorted Grab & Go Sandwiches	
Tuesday 11	3-Bean Vegetarian Chili w/ Cheddar Cheese & Cornbread	Big Daddy Stuffed Pepperoni Sandwich		Assorted Specialty Pizzas	PIZZA
Wednesday 12	Pasta w/ Meatballs & Garlic Toast	Meatball Hero	American Grille	Chicken Patty on a Bun Cheeseburger or Burger on a Bun Mozzarella Sticks Bacon or Sausage Egg & Cheese on a Bagel	
Thursday 13	Sweet & Sour Chicken w/ Vegetable Fried Rice	Pizza Crunchers w/ Marinara Sauce	FRESH FARNISTAND	Assorted Grab & Go Salad Specials Assorted salad selections are offered w/ a Roll	
Friday 14	Pizzeria Pizza	Grilled Cheese	Million		
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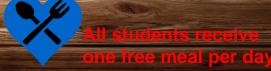
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Monday 17	Southern-Style Chicken Tenders w/ a Split Top Dinner Roll	Stuffed Cheese Sticks w/ Marinara Sauce
Tuesday 18	3-Cheese Cavatappi Pasta w/ a Split Top Dinner Roll	Chicken Parmesan on a Bun
Wednesday 19	100% Beef Bacon Cheeseburger on a Bun	Turkey Barge w/ Mozzarella Cheese on a Garlic Buttered Roll
Thursday 20	Mini Waffles w/ Protein	Sausage Egg & Cheese on a Roll
Friday 21	Pizzeria Pizza	Big Daddy Stuffed Pepperoni Sandwich

Assorted Grab & Go Sandwiches

Assorted Specialty Pizzas

AMERICAN GRILLE

Chicken Patty on a Bun Cheeseburger or Burger on a Bun Mozzarella Sticks Bacon or Sausage Egg & Cheese on a Bagel

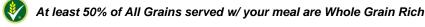


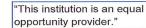
Assorted Grab & Go Salad Specials Assorted salad selections are offered w/ a Roll



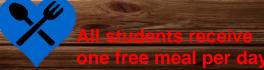
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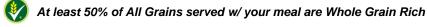


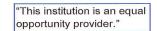
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Monday 24	Popcorn Chicken w/ a Split Top Dinner Roll	Eggplant Parmesan on a Roll	Deli Central	Assorted Grab & Go Sandwiches	
Tuesday 25	Celebrate National Soup Month! Home made Grilled Cheese Sandwich w/ Tomato Soup	Grilled Chicken w/ Provolone Cheese, Roasted Red Peppers & Balsamic Dressing on a Roll		Assorted Specialty Pizzas	PIZZA
Wednesday 26	Swedish Meatballs w/ Noodles	Pizza Crunchers w/ Marinara Sauce	American Grille	Chicken Patty on a Bun Cheeseburger or Burger on a Bun Mozzarella Sticks Bacon or Sausage Egg & Cheese on a Bagel	
Thursday 27	General Tso's Chicken w/ Vegetable Fried Rice & a Fortune Cookie	Grilled Cheese	FRESH FARMSTAND	Assorted Grab & Go Salad Specials Assorted salad selections are offered w/ a Roll	
Friday 28	Pizzeria Pizza	Turkey Ham & Cheese Croissant Sandwich			
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Monday 31	Boneless Chicken Wings w/ a Split Top Dinner Roll	3 Cheese Calzone	Deli Central	Assorted Grab & Go Sandwiches	
				Assorted Specialty Pizzas	PIZZA
			American Grille	Chicken Patty on a Bun Cheeseburger or Burger on a Bun Mozzarella Sticks Bacon or Sausage Egg & Cheese on a Bagel	
			FRESH FARMSTAND	Assorted Grab & Go Salad Specials Assorted salad selections are offered w/ a Roll	
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